



THE NATIONAL SHRINE OF  
OUR LADY OF GOOD HELP

## PRAYER TO OUR LADY OF GOOD HELP

O Dear Lady of Good Help, you revealed yourself as the Queen of Heaven to your servant Adele. You gave her a mission to pray for the conversion of sinners, to bring the Good News of Jesus Christ to others and to prepare the children for the reception of the sacraments. I trust that as you called Adele to holiness, you are calling me, in my station in life, to live a holy life, devoted to Jesus Christ with the help of your maternal love. I bring before you now my worries and anxieties. I abandon my attachments to them and place them at your feet. I ask you to hear the deepest longings of my heart as I pray most earnestly for: \_\_\_\_\_ (your intention). Dear Lady, you told Adele and you say to all of us “Do not be afraid; I will help you.” Help me now as I place this intention with complete confidence and trust. Our Father, Hail Mary, Glory Be Our Lady of Good Help, pray for us.

*Official prayer composed by  
Most Reverend David L. Ricken, D.D., J.C.L..  
Bishop of the Diocese of Green Bay*